

Green Beans with Tomatoes and Basil

Makes: 6 Servings

Ingredients

- 1 pound green beans (ends snipped)
- 1 tablespoon olive oil
- 1 onion (small, finely chopped)
- **1 can** tomatoes (14-oz can, drained and chopped)
- 1 tablespoon basil (fresh or 1/2 teaspoon dried)
- **1 tablespoon** parsley (fresh or 1/2 teaspoon dried) salt and pepper (to taste, optional)

Directions

- 1. Cook beans in a large saucepan of boiling water for 5 minutes; beans will still be crisp. Drain and rinse under cold running water. Set aside.
- 2. In a large frying pan, heat olive oil over medium heat. Add onion and cook 2-3 minutes until softened.
- 3. Add tomatoes, basil and parsley. Cook 3 minutes to heat and combine flavors.
- 4. Stir beans into pan and cook 5-6 minutes. Season with salt and pepper (optional).